

## **VYCC RECEIVES \$3,000 GRANT FROM INTERNATIONAL PAPER FOUNDATION**

*Health Care Share Fights Hunger in Vermont While Providing Job Training for Youth*

**FOR IMMEDIATE RELEASE**

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**RICHMOND, VT, Tuesday, April 30, 2019 –**

Vermont Youth Conservation Corps was honored to receive a \$3,000 grant from International Paper Foundation in support of our Food and Farm Health Care Share project. The International Paper Foundation has been supporting VYCC programming for over 20 years, contributing to the fight against hunger in Vermont, and providing meaningful employment for youth and young adults.



*Sean, Nick and Ubah harvest green beans for the Health Care Share*

The Health Care Share is a farm-to-hospital public health program that connects Vermont families with fresh, healthy food and nutrition education at their doctor's office. Primary care physicians at partnering medical centers identify patients experiencing food insecurity, diet-related illness, or other distinct health risks and prescribe a more nutritious diet through a Health Care Share. Vermont youth are employed through the Food and Farm program at VYCC to plant, harvest, and package the shares. Through this work, young people learn how to grow food using sustainable practices, and how to prepare nutritious meals through a hands-on nutrition course.

The Health Care Share project has become a vital community resource to hundreds of Vermont families. One Health Care Share Member explained that “without the Health Care Share we’d be in a world of hurt.” With funding from International Paper Foundation, VYCC was able to distribute over 74,000 pounds of farm-fresh produce to families who need it most.

Inquiries regarding VYCC’s Food and Farm Program and Health Care Share can be directed to Food and Farm Director Susie Walsh Daloz at [Susie.WalshDaloz@vycc.org](mailto:Susie.WalshDaloz@vycc.org).

**Vermont Youth Conservation Corps** is a 501c3 nonprofit youth development organization with a mission to teach young people personal responsibility through meaningful work that connects us to the land, community, and one another. For over 35 years, VYCC has instilled the values of personal



responsibility, hard work, education, and respect for the environment in young people. Our program model is: small teams, well-trained leaders, and diverse crews working to complete projects that benefit the community. VYCC Corps Members, young adults 15-26, work, live, and learn together in small groups, completing priority conservation and agriculture projects throughout Vermont under the guidance of highly trained leaders. [www.vycc.org](http://www.vycc.org)

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